

climbing

DATES	4-8 YEARS	8-12 YEARS	11-17 YEARS
31 March	4:15pm – 5:15pm*	4:15pm – 5:15pm	
3 April	4pm – 5pm	4pm – 5pm	6:15pm – 7:15pm
7 April	4:15pm – 5:15pm	4:15pm – 5:15pm*	
10 April	4pm – 5pm*	4pm – 5pm	6:15pm – 7:15pm

Cost: £5 per child, per session

*Family Climb – for these sessions there is the option for a parent/guardian to participate with the paying child for an additional £2.50.

Parental Consent Forms are required for each child taking part in one of the above sessions. These can be obtained from Reception.

JUNIOR MEMBERSHIPS

Does your child use the Centre often? We have a fantastic range of memberships for juniors plus a family membership which could save you pounds!

MEMBERSHIP	WHAT'S INCLUDED	MONTHLY PRICE
Active Swim – Junior	Unlimited use of the Swimming Pool	£10.00
Active Squash – Junior	Unlimited use of Squash and Racketball	£6.75
Active Climb – Junior	Unlimited use of the Climbing Wall and Bouldering Cave (for over 8s)	£10.00
Activ8 Family Membership (2 adults and all children up to 18 years old, who are in full time education and living at the same address)	Unlimited use of the Gym, Swimming Pool, Health Suite, Group X Classes, Athletics Track, Climbing and Bouldering, Racket Sports and Jungle World	£70.00

ASK AT RECEPTION TO SIGN UP TODAY!

Designed by iDesign – www.idesignorkney.co.uk

 the pickaquoy centre

EASTER HOLIDAY PROGRAMME

MONDAY 30 MARCH – FRIDAY 10 APRIL



www.pickaquoy.co.uk



T: 01856 879900 • F: 01856 879901 • E: enquiries@pickaquoy.com

WHAT'S ON AT A GLANCE

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
Holiday Camp Aquatic Activities Swimming Lessons Trampolining Bouncy Galleon	Holiday Camp Aquatic Activities Swimming Lessons Climbing Roller Skating	Holiday Camp Aquatic Activities Swimming Lessons Bouncy Galleon Jungle Adventure	Holiday Camp Aquatic Activities Swimming Lessons Laser Quest Roller Skating	Holiday Camp Aquatic Activities Swimming Lessons Climbing Bouncy Galleon Jungle Adventure

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
Holiday Camp Junior Lifesaving Swimming Lessons Trampolining Bouncy Galleon Jungle Adventure	Holiday Camp Junior Lifesaving Swimming Lessons Climbing Roller Skating	Holiday Camp Junior Lifesaving Swimming Lessons Bouncy Galleon Jungle Adventure	Holiday Camp Junior Lifesaving Swimming Lessons Laser Quest Roller Skating	Holiday Camp Junior Lifesaving Swimming Lessons Climbing

Red

– Drop in Sessions
– no prior booking required

Green –
Bookable from Wed
11 Feb

To reserve and pay for any of the bookable activities, call into Reception, phone 01856 879900 or e-mail enquiries@pickaquoy.com and a member of the reception team will contact you.

Payment must be made at the time of booking to secure the place.

No refunds will be given once payment has been made.

All bookable courses are subject to minimum numbers and Management reserve the right to cancel courses.

easter holiday camp

Age: 5-12 years

Dates: Mon 30 March – Fri 10 April
(excluding Sat 4 and Sun 5 April)

Time: 8:30am – 1:15pm including drop off and pick up time

Cost: £18.95 per day

BOOKING

Our exciting Easter Holiday Camp will offer a range of fun activities throughout the day. Not all activities will be sporting but for those which are, we will encourage children of all abilities to take part. Please note there will always be a non-sporting alternative offered.

Pick up a registration form from reception or download one from our website.



10% EARLY BIRD DISCOUNT
(valid up to Sat 28 February)

EXAMPLE PROGRAMME

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30am – 9am	DROP OFF				
9am – 10am	Jungle Adventure/ Swimming	Swimming Disco	Water Polo/ Swimming	Intro Rookie Lifeguard/ Swimming	Intro Octopush/ Swimming
10am – 10:30am	SNACK TIME				
10:30am – 11:15am	Athletics	Football/ Hockey	Climbing/ Bouldering	Roller Skating	Racket Sports
11:15am – 12noon	Science Experiments	Easter Crafts	Camp Cardboard	Make your own Easter Egg	Guided walk – Harbour Stroll
12noon – 12:45pm	Trampolining/ Bouncy Galleon	TA Team Activities	Dodgeball	Tag Rugby	Circus Skills
12:45pm – 1:15pm	PICK UP				



NEW
JUNGLE RUN
15.5M X 4.5M

DROP IN SESSIONS

Bouncy Galleon

Age: 2-7 years
Dates: 30 March, 1, 3, 6 & 8 April
Times: 9am – 10am, 10am – 11am & 11am – 12noon
Cost: £2 per child, per session

Roller Skating

Age: 5-9 years & 10-15 years
Dates & Times: 31 March 4pm – 5pm (5-9 years) & 5pm – 6pm (10-15 years), 2, 7 & 9 April 1pm – 2pm (5-9 years) & 2pm – 3pm (10-15 years)
Cost: £2 per child, per session

Jungle Adventure

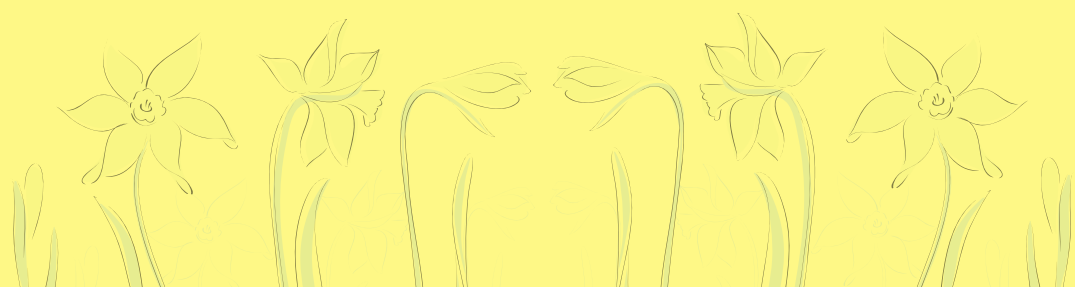
Age: 2-7 years & 8-12 years
Dates: 1, 3, 6 & 8 April
Times: 4pm – 5pm (2-7 years) & 5pm – 6pm (8-12 years)
Cost: £3 per child, per session



NEW
FARM PLAYZONE
5M X 4M



NEW
JUNGLE KINGDOM
8.5M X 6.1M



swimming

Aquatic Activities

Water Polo, Mask & Flippers, Aquatic Skills, Basic Lifesaving & Aquatic Games

Age: 7+ years

Dates: 30 March – 3 April

Times: 10:10am – 10:40am & 10:45am – 11:15am

Cost: £19.25 per child, per week

Junior Lifesaving

Age: 8+ years & Level 7+

Dates: 6 – 10 April

Times: 10:10am – 10:40am & 10:45am – 11:15am

Cost: £19.25 per child, per week

Swimming Lessons

Age: 5+ Beginners & Just Able

Dates: 30 March – 3 April & 6 – 10 April

Times: Beginners 10:10am – 10:40am & 10:45am – 11:15am,
Just Able 10:45am – 11:15am

Cost: £19.25 per child, per week

ACTIVITY	AGE & ABILITY
Beginners	Level 1-2 (Cannot swim, needs arm bands)
Just Able	Level 3-4 (Can swim one width)
Aquatic Activities	7+ years
Junior Lifesaving	8+ years & Level 7+



Showing at the
Phoenix Cinema in
the Easter Holidays...
Shaun the Sheep
and Peppa Pig: The
Golden Boots

LASER QUEST

Age: 8-11 years
and 12-15 years

Dates: 2 & 9 April

Times: 4pm – 5pm
(8-11 years)
& 5pm – 6pm
(12-15 years)

Cost: £2 per child,
per session

TRAMPOLINING

Age: 5-8 years,
9-12 years & 13+ years

Dates: 30 March & 6 April

Times: 1pm – 2pm (5-8 years),
2pm – 3pm (9-12 years)
& 3pm – 4pm (13+ years)

Cost: £4.60 per child, per session